



Symposium

CONVIVIALITY AND INNOVATION: THE INGREDIENTS FOR A SUSTAINABLE AND HEALTHY DIET

Monday, November 14th 2022

Kenya Nutritionists and Dieticians Institute ATRI Programmes in Collaboration with Italian Cultural Institute

“Organized on the occasion of the Week of the Italian Cuisine in the World”

08:30am – 9:00am	Arrival, Registration and Welcome Coffee/Tea
9:00am – 9:05am	Kenyan and Italian National Anthems
9:05am – 9:10 am	Welcoming remarks and guest recognition by Dr. David Okeyo – CEO KNDI
9:10am – 9:15am	Opening Remarks by The Ambassador of Italy, H.E. Roberto Natali
9:15am – 9:20am	Remark by Prof. Fabio Santoni , Scientific Attaché of the Embassy of Italy to Kenya. Title: <i>The scientific prospective to the week of Italian Cuisine in the World</i>
9:20am – 9:40 am	Speech by Dr. Fabrizio Cardillo Goldinch Title: <i>The field-to-fork value-chain and the importance of certification and traceability of food production, conservation and delivery. The Italian experience in Kenya with avocado and mango.</i>
9:40am – 10:00am	Speech by Dr. David Okeyo and Laura Gake Title: <i>Edible Insect Based Diet: A Sustainable Low-Cost Nutritious Diet</i>
10:00am – 10:20am	Speech by Dr. John Kariuki , alumnus of The University of Gastronomic Sciences of Pollenzo and Director of Slow Food Kenya Title: <i>Slow Food work on defence of food biodiversity and cultural food traditions</i>
10:20am – 10:30am	Tea and Coffee break
10:30am – 11:00am	Group photo and Media Interview
10:00am – 11:20am	Speech by Dr. David Okeyo, Ms. Laura Gake, Ms. Umotho Kinya et al. Title: <i>Commercialization of Edible Insects Products</i>
11:20am – 11:40am	Speech by Dr. Adele Roccato , UNEP Title: <i>“UNEP food programme’s and sustainable Food Systems”</i>
11:40pm – 12:00noon	Speech by Prof. Michele Fontefrancesco , The University of Gastronomic Sciences of Pollenzo. Note: online connection Title: <i>“Going back for moving forward: The new opportunities of Kenyan food heritage products”</i>
12:00noon– 12:20pm	Open discussion
12:20pm – 12:40pm	Recap by Master of Ceremony- Prof. Nguka Gordon
12:40pm-1:00pm	Closing Remarks from Chairperson, KNDI- Dr. Evayline M. Nkirigacha
1:00pm-1:15pm	Closing remarks and vote of thanks by Dr. Elena Gallenca – Director, Italian Cultural Institute - Nairobi
1:15pm	Lunch End of the program and release for official departure by Dr. David Okeyo, KNDI CEO

Master of Ceremony: Prof. Nguka Gordon

Host: Dr. David Okeyo, KNDI CEO

Media Coverage: TV: KBC & KTN; Radio: *Taifa & Milele*; Newspapers: Nation & Standard online.

Mode of Transmission: Blended physical and livestream in KNDI YouTube Channel

